

# The development of intelligence – the first step to success

Very often we judge other people according to their level of intelligence. But often the term "intelligence" means or highly-developed horizons, thinking abilities, or proper behavior, or the ability to acquire new knowledge, training.

For many years the main criterion for the assessment of intelligence was considered its coefficient (IQ). But it has been proved that for the solution of complex life and professional goals is much more important than such personal qualities [write my essay fast](#) as self-discipline, perseverance, self-control, emotional stability, creative presence (creative) thinking. These abilities are partly innate. But in the course of education and self-education, you can develop and improve.

Today the most powerful businesses around the world are testing their employees not on the questionnaires IQ and in special conditions where they have to solve a number of problems (behavioral problems), identical work situations. Assessment of the ability of the test to rapidly respond to spontaneously changing conditions, seek the right way out of the problem and critical situations in the shortest time.

S. L. Rubinshtein (the Soviet psychologist) gave the concept of "intelligence" concise, but very accurate definition of "intelligent behavior", that is the essence of intelligence lies in the ability of the individual to isolate in a situation the most important features and Orient them on their behavior.

On the structure of intelligence is influenced by: individual characteristics, age, level of education (including self education), the specificity of professional activity.

The person aspiring to become a successful individual, one must develop and maintain your intellectual potential. You must constantly accumulate new knowledge, both practical and theoretical, to conduct a mental activity and not avoid the difficult tasks.

*Here are the recommendations for the development of intellectual abilities:*

1. to develop verbal and non-verbal intelligence,
2. try to go beyond narrow professional tasks to prevent cognitive stagnation and narrow-mindedness,
3. to learn to get out of precarious situations using creative thinking
4. search and solve simple search problems (e.g, "to come up with 15 ways to use ordinary bricks"),
5. look for ways to develop mental abilities and the implementation of the planned activities in,
6. to solve any problem in life to come up with 2-3 ways to solve it,
7. learn how to plan all its activities,
8. to listen to the opinions of different people regarding the same fact. Analyze all the opinions to find the right.

The power of the individual lies in its strict self-control, aspiration to self-improvement through the development of intelligence. Only the strong and competent person can become successful.